Prioritize the following values in order of importance to you. Indicate the most important with a “1”, the second with a “2” and so on. If part of a value description does not fit for you, draw a line through those words to tailor the description to you.

This is not a complete list of values. Use the space at the end to add values of importance to you that are not already included.

- **Competence/ Ability Utilization/ Intellectual Status**
  Making full use of skills and knowledge in a job. Having a mastery orientation. Liking to express expertise.

- **Stability/ Routine**
  Having predictable work activities and responsibilities that are unlikely to change for a long time. Strong preference for keeping a schedule and/or daily routine.

- **Aesthetics/ Beauty**
  Creating and admiring beauty in the world, primarily involving artistic expression.

- **Status/ Prestige/ Social Recognition**
  Being admired and respected for success, professional accomplishments, and/or competence. Possibly liking the “spotlight” and/or fame.

- **Altruism/ Social Service/ Helping Society and Others**
  Wanting to contribute to improving the human condition, society, and/or individuals’ quality of life.

- **Autonomy/ Work Independence/ Time Freedom**
  Desiring to be your own boss, choose work activities, set your own schedule, and be primarily accountable to yourself. Possible preference for working alone.

- **Economic Security/ Safety**
  Having stable employment, and/or a steady source of income.

- **Power/ Authority/ Supervision/ Leadership**
  Having power to make decisions, set goals or policy, and to manage organizations or others.

- **Social Relations/ Affiliation/ Community/ Cultural Identity/ Family Orientation**
  Needing to have a supportive circle of friends inside or outside the work place. Belonging to a cultural, religious, or civic group. Strong emphasis on relationships, family, and friendships.

- **Creativity/ Creative Expression**
  Liking opportunities for experimentation and innovation, developing new ideas, programs, organizations, solutions to problems, etc.

- **Competition/ Achievement**
  Engaging in activities that involve a contest/ challenge and the opportunity to see tangible outcomes from work. Orientation toward high standards and excellence.

- **Social Interaction/ Work with Others/ Public Contact**
  Preferring to be around people at work, collaborate in teams, and/or interact with a variety of people daily.

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Economic Rewards/ Managerial Benefits/ Profit & Gain/ High Earnings
Desiring a high standard of living, perks that go with executive jobs, the opportunity to accumulate large amounts of money, and “luxuries of life.”

Change/ Variety/ Excitement/ Work on Frontiers of Knowledge
Seeking a high degree of stimulation, new responsibilities, novel settings, and opportunities for discovery.

Adventure/ Risk
Liking situations involving danger and/or risk-taking.

Physical Challenge/ Prowess
Using bodily strength, speed, agility, and physical effort in work.

Work Under Pressure/ Fast Pace/ Challenging Problems
Liking to overcome obstacles, solve difficult problems, meet tight deadlines, have limited margin for error, and/or face adversity.

Knowledge/ Philosophical Curiosity
Engaging in the search for truth, understanding, scientific fact, and/or knowledge.

Moral Fulfillment/ Integrity
Having your work activities and environment be supportive of your sense of ideals and ethical standards, where you are NOT called upon to compromise your principles.

Task Specificity/ Structure/ Precision Work
Having clear guidelines, procedures, and/or specifications to follow in completing work; attending to detail and accuracy in accomplishing tasks.

Personal Development/ Growth Orientation
Preferring activities and environments that contribute to personal growth, needs, sense of purpose, and/or spirituality.

Lifestyle/ Location
Preferring to live according to one’s own choices, wishes, and desires and/or finding a place to live that facilitates living preferred lifestyle.

Once you have prioritized the list of values above, record your top five values below. Use this information to help you when evaluating career paths and future employers.

1. ______________________________________
2. ______________________________________
3. ______________________________________
4. ______________________________________
5. ______________________________________